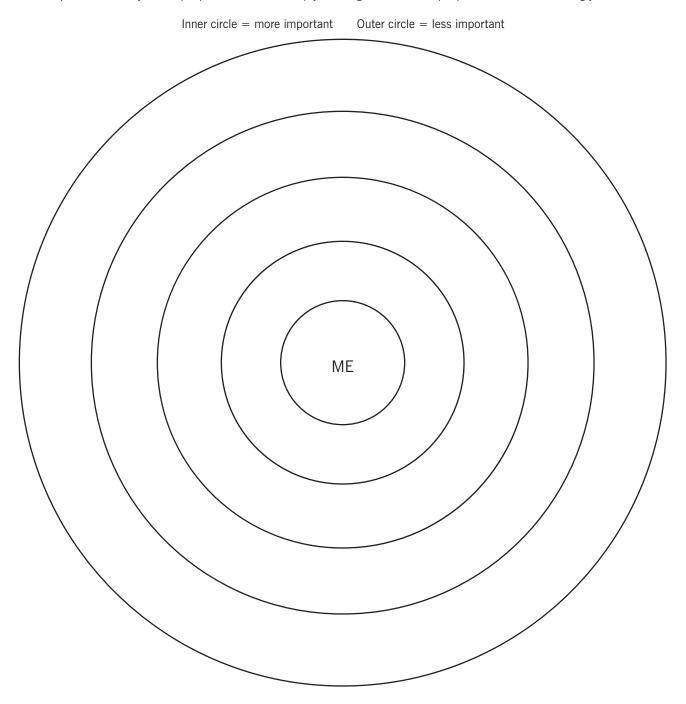


## Who and What Is on "First" in Your Life?

Think of your world—from your perspective, who are YOUR important people and what are YOUR important activities? What's most important? Identify which people and activities help you feel good. Are there people or activities that bring you down?



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